

## PRICES CORRECT AT TIME OF GOING TO PRESS

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### "DARE YOU?"

***Africa is first and foremost known for its abundant wildlife reserves and national parks, but with adventure capitals such as Swakopmund and Livingstone springing up throughout the continent it's drawing a different breed of traveller to its shores - mainly the adrenalin junkie. With this in mind Acacia Adventure Holidays has produced the top five most death defying feats, which can be attempted in Africa as part of their small group adventure and overland tours.***

If you thought you'd experienced a real bungee jump then think again if it was anywhere other than Tsitsikamma, this being the location of the highest bungee jump in the world. The Bloukrans Bungee is up there with the best as a proud Guinness World Record Holder, its dizzy heights reaching 216 metres. The willing proceed along a specially designed catwalk leading to an archway where the challenge begins – complete with countdown and of course full body harness before victims leap into the abyss. However, there is some peace of mind, as in Tsitsikamma they use the ultimate in bungee pendulum technology, ensuring a smoother ride. Available on Acacia's 7-day NEW Coast to Cape Town small group adventure tour – £495pp + local payment from £123pp, with year round departures.

If the ultimate jump left you feeling faint then option number two could be advisable. The gorge swing in Livingstone comes in second place as this time you won't be alone and you can bring a friend along for the ride. However, don't let the moral support idea fool you since this could be false hope, the combined weight of two making the gorge swing much faster than its counterpart the bungee. Recent adventurers have reported travelling at what seemed like speeds of 100 miles an hour – although the scare is lessened as you will be attached around your upper body rather than left dangling by your feet. Available on Acacia's 19-day South West Safari overland tour – £445pp + local payment from £190pp, with year round departures.

Fancy getting up close and personal to a Great White Shark? Then Dyer Island in the Cape, is the perfect dive site, this being one of the few botanical marine parks in existence and home to over 50,000 Cape Fur Seals – the Great Whites' primary food source. Adventurers descend in a cage for a face-to-face meeting with these magnificent creatures – having only the safety of a metal cage between them and one of the world's most feared predators. An unforgettable experience for those with no diving experience and qualified divers alike, the number three thrill seeking activity comes with a bit more bite. Available as add on 3-day Cape Town Shark Dive, £275pp – includes return transfers from Cape Town to the dive site, accommodation, some meals, shark dive, dive master and licensed boat captain, departures on request.

Oudtshroon used to be the capital of Ostrich farming in the 1880's but while the feather boom declined in late 1910 they are still used for various products including Ferrari interiors. If a Ferrari is still out of your price bracket these feathered friends could be the next best option for a true adrenalin rush. Instructions for thrill number four are as follows...round up an ostrich with the help of a wrangler, place a canvas bag over its head and mount (the creature believing itself to be invisible at this point). After which, the canvas bag should be removed and the ride begins. Likened to a small toddler who has consumed way too much sugar, the ostrich will then run round the arena for a nail biting and memorable ten second thrill. An optional activity available on Acacia's NEW 14-day Kruger to Cape Town small group adventure – £975pp + local payment from £273pp, with year round departures.

Are you ready to tackle the BIG dunes in Swakopmund? No experience is necessary for sand boarding, but number five is not a soft option as adventurers lying down on the board for the first time can still reach speeds of up to 80 miles an hour. Thrills aside, you may have to consume a mouthful of sand (or several!) on the way down, but at least you are assured of a smooth landing. If you're ready to board practically standing on your head then you can always try freestyle with big spray curves; and you'll be pleased to hear this is also an environmentally friendly activity as sand board tracks soon disappear, the dunes moving up to 10 metres in one week. Available on Acacia's Desert Tracker overland tour – £445pp + local payment from £190pp, with year round departures.

All the prices above include (unless otherwise stated) transport, road tolls and taxes, accommodation and cooking equipment, most meals and services of tour leader/driver (no single supplement). Excludes return international flight, visas, departure taxes, transfers and optional activities.

Telephone Acacia Adventure Holidays on 020 7706 4700, email [info@acacia-africa.com](mailto:info@acacia-africa.com) or visit [www.acacia-africa.com](http://www.acacia-africa.com). ATOL No.6499 and ABTA No.W4093 PROTECTED. All prices are subject to availability.

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