

ACACIA AFRICA

RIVERS, LAKES & MOUNTAINS 46 DAYS– TOUR DOSSIER

Tour Code RLM46

LIVINGSTONE – KAMPALA

46 DAYS

Tour Departure – 07:00

Pre-departure Meeting – 18:00 day prior to departure

HIGHLIGHTS

Greater Kruger
Chobe National Park
Livingstone – Victoria Falls
Lusaka
Lake Malawi
Dar es Salaam
Zanzibar
Serengeti National Park
Olduvai Gorge
Ngorongoro Crater Conservation Area
Meserani Snake Park
Masai Village Walk
Great Rift Valley
Nairobi
Masai Mara National Reserve
Samburu National Park
Great Rift Valley
Lakes Nakuru, Baringo and Bogoria
Jinja & Kampala
Bwindi Impenetrable National Park
Mountain Gorilla Trek



From the east to the south this tour offers world renowned ‘Big 5’ game parks, friendly beaches of laid-back Lake Malawi, the tropical paradise of Zanzibar and the mighty Zambezi River as it spills over the thunderous Victoria Falls. Ideal for game viewing and anyone wanting to see the best of Africa!

INTENDED ITINERARY

Whilst it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the tour and on occasion it may be necessary or desirable to make alterations to the published itinerary. Please therefore treat the following as a guide only.

Duration: 46 Days

Countries visited: Zambia, Malawi, Tanzania, Kenya, Uganda.

DAY 1 - 2

Greater Kruger and National Park

From Johannesburg - South Africa's commercial capital - we travel via scenic Mpumalanga with its beautiful scenery and dramatic escarpment views, to South Africa's most famed national park - Kruger. The fences between the park's borders and private game reserves on the fringes of the national park have been taken down

to form an area of some 24,000 square kilometres - the 'Greater Kruger' with wildlife free to roam the entire area. A wealth of wildlife inhabits this area, from the miniscule dwarf mongoose to Africa's 'Big Five (leopard, lion, elephant, buffalo, rhino), as well as very diverse birdlife. We spend two nights within the Kruger area and take game drives across the savannah to glimpse some of the wildlife that inhabits the park.

DAY 3 - 5

Francistown, Nata and Chobe National Park

Leaving Kruger and travelling north we spend a couple of days crossing from South Africa into the vast grasslands of Botswana travelling via Francistown, Nata and skirting edge of the Makgadikgadi pans to Kasane and the Chobe National Park. Chobe is a vast reserve of some 11,000 square kilometres. The Chobe River itself and its lush plains and forests support a remarkable variety of wildlife.

Chobe is perhaps most well known for its elephant populations. Some 20,000 elephants are thought to reside in this area of Africa. We take an afternoon cruise – an ideal opportunity to relax and watch for hippo, buffalo, elephant and possibly lion, come to the river to bathe and drink in the lowering light.

DAY 6 - 9

Livingstone – Victoria Falls (Zambia)

Moving on from Chobe we take the ferry across the Zambezi River into Zambia and drive the short distance to Livingstone. We set up camp at the Waterfront Resort campsite on the banks of the Zambezi, a few kilometres upstream from the Victoria Falls. The campsite reception can give advice and information about the various optional activities available in the area (typically these include rafting, canoeing, bungee, abseiling, gorge swinging, elephant and horse riding, scenic flights, river cruises), to help you plan your time. But whatever you do, don't forget a visit to the Victoria Falls themselves. At various times of year the spray can be seen from up to 20 or 30 kilometres away, hence the local name 'Mosi au Tunya' – ('smoke that thunders').

NB For the sake of practicality, meals in the Livingstone/Victoria Falls area are restricted to breakfasts. This allows you to take on half day or full day activities (some of which include lunch) without having to be back with the group at mealtimes. The Waterfront camp restaurant overlooks the Zambezi and offers a good selection of reasonably priced meals and snacks throughout the day (allow US\$20 -\$30 per day for meals). Relax and enjoy these few days at your own leisure. Alternatively, take a taxi into Livingstone to try local fare.

DAY 9 - 16

Kafue River - Lusaka - Malawi

From Livingstone, we head north-east into Zambia and stop at the Kafue River to take a short journey by boat on the river to a community camp. We spend the night and have the opportunity to visit the neighbouring village and meet some of the local people who live here. The following morning we return to our vehicle and continue our journey passing through Lusaka on the way to Malawi. We descend to Lake Malawi which covers almost a fifth of the country's area and provides the source of livelihood for many of the Malawi people. Fishermen, fish traders, canoe and net makers all ply their trade, and a common sight is that of a fisherman in his *bwato*, (dugout canoe made from a hollowed out tree trunk) fishing on the lake at the break of day.

Enjoy a day or two on the beach. Try some of the water-sports typically available, or else simply relax and enjoy the warm fresh waters of Lake Malawi. There is the opportunity to meet the local people, generally known as amongst the friendliest in Africa to gain an insight into their way of life.

DAY 17 - 22

Dar es Salaam - Zanzibar

Leaving Malawi we cross the border and climb into the hills of western Tanzania. We continue towards the Indian Ocean coast and the port city of Dar es Salaam ('Haven of Peace'). The route runs through the small Mikumi National Park and we may, with luck, spot forest elephant or giraffe feeding near the side of the road. 'Dar' is Tanzania's hub of commerce and industry - a hot, humid and bustling city. Our camp is beside the beach just outside the city centre and we usually have time to browse the curio markets. Ebony wood carvings are a good buy in Dar – but be sure to bargain hard.

Dar is also our 'leaping off' point for our excursion to Zanzibar.

Evocative and exotic, Zanzibar conjures up images of idyllic, sandy, palm fringed beaches, romantic winding cobbled alleys and lush tropical forests. You will find all of these here – and an intriguing history. Zanzibar was the base for the great 19th century explorers such as John Hanning Speke, Richard Burton and David Livingstone and was once a major trading centre for spices. Indeed the spice trade is centuries old: Zanzibaris have traded with the people of the Arabian peninsula for generations, plying the ocean in simple dhow sailboats relying on the annual trade winds for passage. The Arab influence is evident in the architecture and diverse street stall offerings of the capital, Stone Town. Indeed the Arab influence can be seen right along the East African coast - the *Swahili* language itself the result of the mixing of Arab and African languages and cultures over many centuries.

Zanzibar's other history is not so romantic. The island was also a staging post for slaves brought from the African interior being held before being shipped to slave owners in the middle east. You can still see the places where these men and women were held – and even a short visit is enough to convey the appalling conditions they had to endure.

Our time on the island is not structured and your time is at leisure. Perhaps the best way to see Stone Town is on foot: explore the bazaars, shops, mosques, palaces, courtyards and alleyways of the old town. Spices are grown in plantations nearby and you can take day-tours to visit some and have your senses dazzled by the tastes and scents experienced. If it's white sand, sparkling ocean and hot sun you prefer – head for the northern beaches and enjoy the Indian Ocean at its best. Try snorkelling and diving, indulge in some sumptuous seafood, or simply relax beneath a coconut palm with a cocktail and a good book.

After three nights we cross back by ferry to the African mainland and Dar es Salaam.

NB As we leave the truck on the mainland, basic tourist class accommodation on Zanzibar is included in the Local Payment but for the sake of flexibility meals are left for your own account. It is advisable to set aside US\$ 20-30 for meals per day. Typically we spend one night in Stone Town and the next two nights in the north of the island at one of the beaches. Your tour leader will be available to assist if you experience any problems but there are no set activities - the time is entirely at your leisure.

DAY 23 – 25

River Camp - Arusha

Back on the mainland we continue northward to the great game parks of East Africa. We may take a night beside the scenic Pangani River en route, or else continue a little further on if time is on our side. If the weather is clear we will gain a view of the magnificent snow-capped Mount Kilimanjaro, Africa's highest peak (5895m). We drive past the town of Moshi and eventually reach Arusha, a city situated exactly mid way between Cape Town and Cairo. This is Tanzania's 'safari capital', a city of some 2 million people, a bustling melting pot of markets, vehicles and people – all nestling in the shadow of the brooding Mt Meru (4556m). With time to explore town we head out to our camp just outside the city at the edge of the Masai plains. Here there is the opportunity to walk to one of the local Masai villages. You can visit a small but highly interesting Masai museum, and the snake enclosure at the Meserani Snake Park.

Finally, wash the African dust down in the camp's popular 'bush' bar. More importantly, it is from here that we prepare for our two night/three day excursion to the Serengeti National Park and the Ngorongoro Crater.

DAY 26 -30

Serengeti National Park – Olduvai Gorge Ngorongoro Crater - Nairobi

Switching to smaller more 'game park friendly' vehicles we drive west across the Rift Valley, passing through Mto Wa Mbo ('mosquito creek') and enter the Ngorongoro Crater Conservation Area. We pass into the park and drive around the Crater rim and down onto the Serengeti plains. Stopping at the Olduvai Gorge, made famous by Drs Louis and Mary Leakey for explorations into early man we descend onto the open plains and wide horizons of the Serengeti. Green after the rains, brown and burnt in the dry this is home to an enormous variety of grazing animals, predators, and birdlife. Flatter and larger than the Masai Mara the Serengeti is simply huge - indeed the name derives from the Masai word *Siringitu* – 'the place where the land moves on forever'. Game viewing here can be superb and camping out in the designated (but unfenced) campsite where lion and hyena roam nearby is an unforgettable experience.

The following day we drive out of the plains for game driving and after lunch ascend the outer wall of the Ngorongoro Crater. We spend the night camping on the rim (you may need a jacket; it can be cold at night). At 326 square kilometres in area the Ngorongoro is Africa's largest intact caldera and is a World Heritage Site. If the view from the rim (2400 metres above sea level) is spectacular, the site from the Crater floor (some 600 metres below) is equally enjoyable. All the major mammals are present except giraffe (which cannot manage the steep slopes leading down onto the Crater floor) and we descend the steep access road for a morning of game driving. Time here is limited however and we drive back up the access road after lunch for a final view over the Ngorongoro before we retrace our steps to Arusha.

We have a last night in Arusha before crossing the Masai steppe to the Kenyan border and on to Nairobi for 2 nights.

DAY 31 - 32

Samburu Game Reserve

We leave Nairobi and journey north, passing the iconic, snow-capped Mt Kenya en route to the semi-arid Northern Frontier District, homeland to the Samburu people. We continue through the town of Isiolo to the Samburu National Reserve.

Our campsite is near the Ewaso Nyiro river (sometimes written Uaso Ngiro, 'dark waters'), a simple camp setting with basic facilities. After setting up in camp, we may rest for while during the heat of the day before we take our first game drive in this (normally) arid but beautiful reserve. Samburu contains rare and endemic species such as the reticulated giraffe, 'Grevy's' zebra, the Beisa oryx, the Somali ostrich and the gerenuk as well as antelope and a variety of birdlife. By the time the sun edges toward the horizon most of the group will be looking forward to dinner and we return to camp for the evening and overnight.

The following day is spent in the Reserve. We usually divide the day into morning and afternoon game drives (wildlife is normally more active at these times) with a rest during the heart of the middle day.

DAY 33

Great Rift Valley, Lake Baringo

Tourist class hotel

This morning we return south, passing back through Isiolo and before turning off to Thompson Falls and the Great Rift Valley. Lake Baringo is one of two freshwater lakes in the Rift Valley and is home to crocodile, hippo and over 400 species of birds. The lake is also well stocked with fish, so much so that the local people – the Njemps – say the crocodiles are so well fed (on fish) that they have forgotten the taste of mammal flesh!

We have the option of hiring a boat for a cruise on the lake to view the wildlife. Alternatively enjoy a guided nature walk around the lake shore. The evening is spent at a tourist class hotel for dinner and overnight.

DAY 34
Lake Bogoria National Reserve and Lake Nakuru National Park

This morning drive the short distance to Lake Bogoria National Reserve, a relatively small alkaline lake in the northern Rift. The eastern shore abuts the Rift Valley escarpment and in various places there are hot springs – remnants of the volcanic activity that formed the Great Rift Valley millennia ago. Regrettably the springs are too hot for swimming but they and the lake do attract water-birds such as flamingos, cormorants, pelicans and kingfishers. Leaving Bogoria we travel further down the Rift Valley to Nakuru and one of Kenya's best known gameparks: Lake Nakuru National Park. The alkaline waters are the perfect habitat for the algae upon which flamingos (in particular) feed. At times these birds gather in such numbers that they form a pink 'fringe' around the lake shore. Our gamedrive encircles the lake giving ample opportunity to view not only flamingos, but also pelicans, storks, ibis, kingfishers, jacanas, rollers, and the beautiful glossy starling – as well as the larger game such as rhino, buffalo, zebra, impala, baboon, monkey, and the rare Rothschild giraffe. More difficult to see but present nevertheless are the still more elusive leopard and lion.

Finally, we make our way out of the park to our camp for dinner and overnight.

DAY 35 - 36
Masai Mara Game Reserve

We rise early for our drive to the Masai Mara. This is a long (ish) drive crossing the Rift Valley, passing through undulating grasslands to the town of Narok and then on past the remote Loita Hills. As we approach the Mara' you may begin to see wildlife on either side of the road - even though we are still well outside the park boundaries. Road conditions are not good and prone rain damage but eventually we arrive at camp.

We spend the next two days in and around the Masai Mara. There is usually time for two game drives/ day (morning and afternoon) with time to relax at camp in middle of the day when wildlife is usually less active. The landscape accords with many people's idea of 'classic' Africa, rolling grasslands, open vistas, distant horizons, with zebra, antelope, giraffe, wildebeest and other large mammals grazing the open plains. The 'Big Five' (elephant, rhino, buffalo, lion and leopard) are all found here and we would hope to see at least some of these in our time here.

The Mara is also traditional homeland to the Maasai people. In colonial times the Maasai were a highly warlike tribe and in many ways they are still the people that – at least outwardly - resist the influx of western culture, as can be seen in their distinctive dress and way of life. In recent years the Maasai have become reconciled to the growth of tourism and indeed learned to benefit from it since the 'Mara' reserve is largely subject to their control. Time permitting it may be possible to arrange a (optional) visit to one of the Maasai manyattas (villages) for an insight into their traditional way of life. If you are interested please speak to your guide who will try to arrange it.

DAY 37
Nairobi

We leave the Mara and head back across the Rift Valley to Nairobi. Time allowing (and on request) we may stop along the way to browse at local craft markets where you can pick up some last minute souvenirs (bargain hard!). Nairobi has seen rapid growth in recent years but has a comparatively small city centre, a highly interesting city market (great for sharpening your bargaining skills!), as well as craft shops, book shops and plenty of cafes and restaurants to sit and relax.

DAY 38 - 39
Nakuru – Eldoret

We depart Nairobi and descend into the 'Great Rift Valley', an enormous cleft in the Earth's surface stretching from the Red Sea to Madagascar but with particularly marked escarpments here in Kenya.

We stop off at Lake Nakuru National Park, a relatively small park (by African standards) on the Rift Valley floor. The shallow soda lake attracts a huge variety of birdlife – especially flamingos, which may gather in such numbers that (when viewed from above) they form a strikingly pink 'fringe' around the lake-shore. However Lake Nakuru is not simply a bird sanctuary, it is also home to buffalo, lion, rhino, leopard, warthog, baboon, antelope, and a variety of smaller animals. A delightful introduction to East Africa's wildlife diversity. From Nakuru we continue northwest to Eldoret, and the Uganda frontier.

DAY 40 - 42

Kampala – Queen Elizabeth – Lake Bunyonyi

We cross into Uganda, Winston Churchill's 'Pearl of Africa' and to the capital, Kampala. This is an attractive hilly city, bustling with roadside traders, markets and busy matatu (mini-bus taxi) stands.

From Kampala, we travel west to Queen Elizabeth National Park. Uganda is a wonderfully fertile country of green terraced hillsides, lush banana plantations, steep mountains and tangled forests.

We enter the QENP, with a view (further to the west) of the mountains that separate Uganda from central Africa. We game drive in the morning in search of the Uganda Kob (a type of antelope) as well as elephant, lion, buffalo, hyena and hippo. Nearby the park we visit the Kyambura Gorge for the trek to see the chimpanzees. Unlike the larger gorilla, chimps live mostly in the trees and so our viewing is necessarily at some distance. However the experience of seeing man's closest relative in the wild is a memorable one.

Continuing deep into the Kigezi Highlands we come to the picturesque Lake Bunyoni, an ancient flooded valley, where we usually base ourselves for the gorilla trekking.

DAY 43 - 46

Gorilla Trek - Kampala

This region of Africa is home to the world's remaining 700 mountain gorillas, many of which inhabit the Bwindi Impenetrable National Park. [Occasionally we may travel into neighbouring Rwanda to trek for the gorillas.]

On the day of our trek we gather in the early morning to meet our local guide and tracker. Walking in small groups we trek into the thick rainforest. The trek can be demanding at times with uneven terrain and hilly rainforest but the privilege of spending time with a family of these gentle primates makes the effort well worthwhile. To many people, even those who stay in Africa longer than this two week tour, the day's trek and time with the gorillas remains their most exciting wildlife encounter in Africa.

The usual procedure, once we have located the gorilla 'family', is to squat or sit down and simply observe them for around an hour – the time set by the Uganda Wildlife Authority (the national body charged with controlling and maintaining the gorillas in Uganda). Gorillas are sociable creatures, living in groups between 12 and 20 individuals, usually led by an 'alpha male' (the 'silverback' - so called because of the silver hair on his back which grows once the male gorilla attains maturity). Most people find that the gorillas are remarkably human-like at close quarters – particularly in the social interaction between family members and in 'play' activity in which the young engage. Photography is permitted (although not with a flash and there are restrictions for those who wish to use a video camera.)

Your permit allows you one trek and gorilla viewing (time limited to one hour). However because the authorities maintain strict limits on the number of visitors allowed to view the gorillas each day we may spend several days in the area while all passengers in our group complete the trek and viewing.

Finally we return to Kampala where our tour ends on day 46.

NB Depending on the availability of gorilla permits the tour itinerary may vary in day to day running order from the above running order which is based on the brochure itinerary. From time to time we may visit neighbouring countries, eg Rwanda, for the gorilla trek (instead of Uganda) and this may entail extra visa fees although we shall endeavour to advise you before departure of any significant change to the tour itinerary.

TOUR INFORMATION

Travelling overland is great fun, but it can also be challenging! This is a *participation* tour and your help will be needed in setting up the camp each night and assisting (usually on a rota basis) with the various day to day campsite duties, such as shopping, cooking and keeping the truck and camp tidy. But don't worry it's not all hard work and it's a great way to meet the local people and get to know your fellow travellers. Your contribution benefits the success of the tour - most people find the greater their involvement, the greater their enjoyment of the whole trip.

Africa is an adventure destination and travelling here is not always predictable so be prepared to "expect the unexpected" in difficulties or delays which might come our way! However, you'll soon find that the diversity of the African landscape, the wildlife and the communities we pass on our way, make the sometimes rough travel and long driving days worthwhile. Come with a sense of adventure and a flexible attitude and you will be sure to enjoy your Acacia overland tour across this amazing continent.

TOUR STYLE

(a) Acacia Overland Tour: days 1-30, and 38-46.

(b) The 7 day Kenyan section (days 31 – 37) is operated by Acacia Small Groups. Travel is in a smaller group and in smaller - 8-10 seater vehicles - with one driver/guide, and focuses on a smaller area (in this case: Kenya). Campsites vary in standard but are generally clean and secure but may at certain times of year experience shortages of some facilities or supplies. Accommodation varies from camping (equipment provided) to small locally owned tourist class hotels.

Our Small Group safaris are operated by a locally based (African) ground handler who has maintained standards at a high level over a period of time. We believe that working with a local operator in this way assists the community to benefit in a sustainable way from tourism. At the same time it provides our clients with the extensive local knowledge and enthusiasm of the local staff and guides employed to ensure your safari is as enjoyable as it is memorable.

WHAT'S INCLUDED

Fully equipped safari vehicle, camping and cooking equipment including sleeping mattress, all road tolls and vehicle taxes, transport, services of driver and tour leader, meals as indicated.

WHAT'S NOT INCLUDED

Local Payment excursions, visas, travel insurance, flights, departure taxes, airport transfers, sleeping bag, optional activities, drinks, tips, meals not mentioned in itinerary, items of a personal nature. **NB:** meals on Zanzibar are not included in tour price or your Local Payment.

ACCOMMODATION

We use 2-person dome tents with flysheets, built in ground sheets, zip-up insect screens and thick foam sleeping mattresses. We mainly use designated campsites, which usually have permanent wash and shower facilities, electricity points and sometimes even a small shop and bar/restaurant.

NB: The meals on Zanzibar are **not included** in the tour price or Local Payment [please allow USD 20-30/day].

NB² Accommodation and meals in Nairobi on nights 29, 30 and 37 are **not included** in the tour price or Local Payment. Please put aside between US\$40-70 per night for meals and accommodation.

TRANSPORT

(a) For days 1-21 and 30-46 we use 24-seater self contained, custom-built safari truck with onboard tables, plug sockets, freezer, library, i-pod jack, safety features and 70-litre individual lockers. For Serengeti/Ngorongoro excursion transport is by 4WD land-rover (or similar).

(b) For days 23 – 29: the tour takes place in a safari minibus (normally 8-10 seater) smaller than the overland truck but more suited to Kenyan conditions and game parks.

MEALS

Meals included are – Breakfast (B) x39, Lunch (L) x35, Dinner (D) x35

These meals are prepared in camp by the group and help preparing the meals is invited. Most dietary requirements can be catered for on the road. Please ensure you inform Acacia of any special requirements when you book or at your earliest convenience.

GAME PARK VISITS

In order to maximise the quality of game driving and to comply with local authority rulings, some of our National Park visits and game viewing is carried out using services provided by local African ground handlers. As well as enhancing our experience it also allows us to contribute at a 'grassroots' level to local economies from which local people benefit. These local services are included in the Local Payment.

TOUR PREPARATION

BOOKING INFORMATION

When you make a confirmed booking for your tour you will be sent your booking documents and a pre-departure booklet with detailed information to help you prepare for your trip. Once you have paid in full you will receive a Travel Voucher giving details of your joining hotel. Livingstone has daily flights to/from Johannesburg and Kampala (Entebbe airport) is also served by a number of airlines. Your travel agent can advise on flights to the start of the tour.

JOINING INFORMATION

This tour starts in Johannesburg and finishes in Nairobi. **The pre-departure meeting is held at 18:00** on the evening prior to departure. **The tour begins at 07:00 on day 1 and ends on day 46 in Kampala.**

Tour start point in **Johannesburg:**

Address:

Contact details:

E-mail:

Pre-dep. meeting:

Tour start time:

Tour end point in Kampala:

Address:

Backpackers Ritz

1A North Rd

Dunkeld West

Johannesburg

Tel. +27 11 325 7125/2520

Fax +27 11 325 2521

ritz@iafrica.com

18:00 prior to departure day

Confirmed at pre departure meeting

Red Chilli Hideaway

Plot 17, Gangaram Road

Mbuya

Kampala

Contact details:

Tel. +256 (0)414 223 903 or +256 772 509 150

Tour end time:

Late afternoon/ early evening of day 46

PRE TOUR ACCOMMODATION

This tour departs Johannesburg early on day 1; we strongly recommend that you plan to arrive the day before departure to overcome any jet-lag and to acclimatise to Africa. We would be happy to book pre-tour accommodation for you – please call or email us (or speak to your agent) with your arrival details and accommodation requirements.

However please *book early* to avoid disappointment and the risk of having to find more expensive (or less convenient) lodgings.

If time allows, you may wish to plan a night or two after your tour in Kampala. Accommodation is usually available locally (on arrival), although may be booked in advance.

See below for a guide to extra accommodation costs. These prices are correct at time of print but are subject to change so please check with Acacia or your agent for current prices.

Description	Price (£)	Description	Price (£)
Livingstone		Kampala	
Pre tour accomm – Tented pppn TW	£12	Post tour accommodation – Dorm share pppn	£7
Pre tour accomm – Tented pppn SI	£18	Post tour accommodation – Twin pppn	£12
		Post tour accommodation – Single pppn	£10

WHAT TO BRING

Please try to keep your luggage to a minimum, bearing in mind that most airlines impose a 20kg limit. It should be brought in a soft holdall or rucksack along with a smaller day bag. You will need to bring a mixture of lightweight clothing and warm clothing for the evenings and early morning game drives. You also need a sleeping bag (and small pillow if preferred). We recommended you pack a small torch or headlamp, mosquito spray and a money pouch/ belt that can be easily hidden. Please try to avoid bringing unnecessary valuables and use your hotel safe to store the bulk of your money, passport, and airline tickets. A full 'What to Bring' list is included in our **pre-departure booklet (online version)**, issued when you book.

VACCINATIONS/HEALTH

The table below indicates the vaccinations suggested for travel on this tour but **should be treated as a guide only**. You should seek professional medical advice from your GP or clinic at least six weeks prior to departure.

Please be aware that the areas visited on this tour are **malarial**. We strongly recommend your seeking professional medical advice for the appropriate anti-malarial tablets.

Country	Tetanus	Diphtheria	Polio	Hepatitis A	Hepatitis B	Typhoid	Meningitis	Rabies	Yellow Fever	Malaria
Zambia	R	R	R	R	R	R	-	R	R	R
Malawi	R	R	R	R	R	R	R	R	R	R
Tanzania	R	R	R	R	R	R	R	R	R*	R
Kenya	R	R	R	R	R	R	R	R	R*	R
Uganda	R	R	R	R	R	R	R	R	R*	R

C = Compulsory, **R** = Recommended, * = If travelling from infected countries a certificate of proof may be required.

VISA REQUIREMENTS

The table below indicates the visas required for travel to the countries on this tour but **should be treated as a guide only**. At least one month prior to travel seek confirmation from embassies or a visa specialist, that these requirements are still current. For UK citizens the Foreign & Commonwealth Office (FCO) offers free up-to-date travel info: www.fco.gov.uk For other nationalities a number of travel advice websites are listed on the Acacia website.

Nationality	UK	AUS	NZ	USA	CAN	BEL	IRE	NED	DEN	ITA	GER	AUT	SWE	FIN	NOR	MEX	KOR
Zambia	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes									
Malawi	No	Yes	No	No	Yes	Yes	Yes										
Tanzania	Yes																
Kenya	Yes																
Uganda	Yes																

MONEY MATTERS

PERSONAL EXPENSES

Naturally you will require extra money for your own personal spending on the tour, for snacks, drinks, souvenirs, tips and items of a personal nature. Everybody has different spending habits but as a guideline we suggest you budget US\$15-25 per day. Also keep US\$ cash for relevant airport taxes and visas needed, optional activities and any additional accommodation before or after your tour.

- **Spending money** is best carried as cash in US dollars, Sterling or Euro which you then exchange into local currency on arrival and as you go. Your guide can advise how and when you can change the rest of your money throughout the tour.
- **Currencies** are as follows: Kenyan Shilling; Tanzania Shilling (including Zanzibar); Malawi Kwacha; Zambia Kwacha; Uganda shilling.
- **ATM machines** are found in Nairobi, Arusha, Dar es Salaam, on Zanzibar and in the main cities on tour BUT may be unreliable and therefore we recommend you do **not** rely on them!
- **Credit cards** can be used to pay for optional activities although charges may be may be high by western standards (+/- 5%).
- **Travellers cheques** can be difficult to cash but make suitable emergency funds.

We recommend you bring your spending money in several different ways (some cash, some t/cheques, some cards); your guide can best advise on what to use where.

LOCAL PAYMENT

A Local Payment (LP) is to be paid to your tour leader at the pre -departure meeting. The LP fund is administered by the tour leader in conjunction with the group and covers most meals, all game drives using our own vehicle, campsite fees and meals prepared at the truck (usually two or three per day). You can choose to pay either the Basic Local Payment at the beginning, and then pay for your excursions along the way, or else you may pay for everything up front in the Fully Inclusive Local Payment.

Payment must be made in **US\$ cash in clean, post-2005 edition notes**. Traveller's cheques and credit cards **cannot** be accepted as means of payment. The LP amounts set out in the brochure are estimates of local costs at the time of printing. It is subject to inflation, exchange rate changes and local price rises. These may vary from the amounts set out in the brochure or website and on rare occasion where there is a shortfall, passengers will be asked to contribute further. Conversely, where there is a surplus of LP funds at the end of the tour, it will be refunded equally amongst all passengers.

TIPPING

This is always a matter for your own individual discretion but as in many areas where tourism is an important contributor to the economy, it has become customary to give a small gratuity to local staff, including your tour leader and driver, at the end of a tour if services rendered have been to your satisfaction.

OPTIONAL ACTIVITIES

In order to give you maximum flexibility on tour we offer a number of optional activities on the tour. To help budget, approximate prices are listed below (in US\$ unless otherwise stated. subject to change and availability).

Activity	Price	Activity	Price
Tanzania		Scuba Diving	\$40 - \$150
Camel Ride	\$30	Horse Riding (half day)	\$45
Zanzibar (Tanzania)		Livingstone	
Scuba Diving (Mnemba island)	\$150	Vic Falls bungy (single/tandem)	\$120
Snorkelling Day Trip	\$30-45	Game walk	\$75
Food (per day)	\$20-30	Croc farm tour	\$30
Spice Tour	\$25	Gorge Swing	\$60
Dolphin excursion	\$35-\$40	Horse Riding	\$75 - \$110
Malawi		White Water Rafting/ Riverboarding	\$145/ \$175
Snorkelling	\$45	Flight over the Falls	\$130
Uganda	USD	Zambezi Sunset Cruise	\$60
Quad Biking	\$50	Lion Encounter	\$130

INSURANCE

It is a booking condition of Acacia that you have full travel insurance valid for the duration of your tour to cover you for medical emergency and repatriation to your home country. Your guide will ask you for a copy of this when you join the tour. It is also important that you leave a copy of your insurance with the person nominated as your emergency contact. We can recommend a respected, specialist travel insurance provider for this tour.

Please refer to: http://www.acacia-africa.com/travel_info/travel_documents.php

ACACIA ON THE ROAD



RESPONSIBLE TRAVEL

We strongly believe that you get the most out of a journey by respecting the culture and people of the places you visit. On our tours we try to travel in a way that benefits the communities we pass through and minimises negative impact on the environment. This can be from ensuring the campsites we use are clean when we leave and dressing respectfully in conservative areas to getting involved with local charity projects. We ask that you are open to this when you travel with us. Being proactive in responsible travel helps develop cross-cultural understanding and friendships with the local people, and

will greatly enhance your experience in Africa.

GET CONNECTED

Join our facebook group www.facebook.com/AcaciaAfrica and get connected with other Acacia travelers, check out the pictures, videos and feedback from their tours and meet up with other people booked on your tour

Follow us on twitter @AcaciaAfrica and get the latest buzz. Got a question? Ask us on twitter!

Follow our blogs from the road <http://acaciaontheroad.blogspot.com/> and <http://africastuckonyou.blogspot.com/> get regular updates from our crew on the road as well as other Acacia Travellers

Don't forget to sign up to our newsletter to get regular updates and special offers www.acacia-africa.com

For information on our Premium Overlanding, Acacia Small Group Safaris, Short Safari's & Treks, Short Breaks & City Stays, Voluntours and Dive Tours please visit www.acacia-africa.com



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